Map Orientation to Tribes, Urban Indian Programs, and Area Offices
http://www.uihi.org/ note the march 2004 publication – 60-70% natives in urban areas and 40 or 30 on reservation. Urban Programs are funded at 1-2% of all IHS budget.
IHS Nutrition Program

Brief description of 4 national projects

Judith Thiery, Jean Charles Azure, Suzan Murphy, Cheryl Wilson
IHS Nutrition Projects

- Promoting Healthy Beverages Action Kit at www.ihs.gov/medicalprograms/diabetes/resources/healthbev06_index.asp
- Honoring the Gift of Children: Wellness Journey for Our Families
- Strengthen the Family Circle
- Taking Standardized Heights & Weights
- Breastfeeding Promotion at IHS Trainings
IHS Breastfeeding Web Page & Infant Feeding Choices Documentation

Supporting the Choice to Breastfeed

Dads, Families, Communities, Work and School Make it happen.
Feeding Choice (today) X

- Breastfeeding only
- Mostly Breastfeeding
- ½ Breastfeeding
- ½ Formula feeding
- Mostly Formula feeding
- Formula feeding only

One time data fields:

- Mom's name
- Birth wt.
- Birth order
- Started formula ___wks/mth
- Started solids ___wks/mth
- Stopped breastfeeding ___wks/mth

Infant Feeding Tool in Progress
Phoenix Indian Medical Center
IHS Head Start Program

Breastfeeding Initiative

OHS PIR AI-AN Grantees for Region 11 (2005-2006)

- Total Actual Enrollment (EHS & HS): 25911
  - Children (0-5) 25485
  - Actual Enrollment for EHS 3088
  - Children (EHS) 2662
  - Pregnant Women 426
Program Information Report (PIR)

Information on benefits of breastfeeding—95%

Breastfeeding Promotion

- Breastfeeding Best Practices-Partnership with DDTP, DCE, OWH
- Dissemination of breastfeeding toolkits to EHS and HS grantees and training.
- Participation in breastfeeding workgroup and policy development. (OHS)
- Breastfeeding survey-baseline
- Module development
**Toolkit**

- Head Start and DDTP Best Practice
- AAP Policy Statement (Feb 2005)
- Close to the Heart, PIMC
- “An Easy Guide to Breastfeeding for AI/AN Families”, HHS
- Resource list

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**IHS Division of Diabetes Treatment and Prevention**

Breastfeeding Best Practices
Best Practices for Breastfeeding

Provider Recommendations:

- Promote and support breastfeeding
- Offer breastfeeding training to health care providers
- Provide breastfeeding education to patients, their families, and the community
- Provide early and ongoing expertise and support in breastfeeding
Best Practices for Breastfeeding

- **Organization Recommendations:** System and program changes to promote BF initiation and duration -
  - Establish easy to remember mission statement, “Our organization will promote breastfeeding choice to prevent or delay diabetes and overweight”.
  - Portray breastfeeding as positive and normal.
  - Ensure patients have access to trained maternal and child health staff.
  - Establish written breastfeeding policy.
  - Establish perinatal registries with infant feeding choice information.

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