

Quick Guide to Downloading and Using the Platform

Equipment Required:

- Operating system: Windows XP™ or higher
- Software: PowerPoint™ 2007 or higher
- *Note: it is recommended that the platform be run from a PC instead of a MAC computer*

Downloading the Platform:

- Visit the USBC website at: www.usbreastfeeding.org/SNMW-platform
- Right click the “DOWNLOAD” button below the video tutorials.
- Click “Save Target As” and browse to your desktop to save it there. Note: Allow 1-3 hours for the download.

Extracting the Files:

- Once the platform has downloaded, it will appear as a “zip” file on your desktop. Find the folder marked “SNMW-Curriculum” with a zipper beside it.
- You MUST “extract” or “unzip” this folder for the platform to work properly. To do so, right click and find the option for “extract all” or “winzip” or comparable. Allow 10-15 minutes for the folder to unzip, depending on your computer speed.
- Look for the folder marked, “SNMW-Curriculum” **without** a zipper. This is the version you will use in your presentations.
- Delete the original zipped folder or move it to another location other than your desktop so you will not inadvertently open the wrong folder during a presentation.

Changing PowerPoint Settings:

- Open your PowerPoint™ software.
- In PowerPoint™ 2010 and 2013, click on “File” and then “Options.”
- In PowerPoint™ 2007, click on the “Windows” icon and then click “PowerPoint Options.”
- Click on the “Advanced” tab.
- Un-check the options for “End with Black Slide” and “Show Pop-Up Toolbar.”
- Click “Okay.”