



Puerto Rico Breastfeeding Report

Breastfeeding is a proven primary prevention strategy, building a foundation for life-long health and wellness. Here's how Puerto Rico's breastfeeding rates and other measures (2015 births) compare to national rates and targets set by the Healthy People 2020 initiative.

BREASTFEEDING RATES & PROGRESS	% ever breastfed	% duration to 12 months	% exclusive at 6 months	% of births at Baby-Friendly facilities	# of Baby-Friendly facilities
Puerto Rico	85.9	29.8	26.5	1.1	1
U.S. National	83.2	35.9	24.9	26.1	555
HP2020 Target	81.9	34.1	25.5	8.1	N/A

Federally Funded Breastfeeding Project

Health Resources & Service Administration, Maternal and Child Health Bureau

- Through a **Title V Maternal and Child Health** grant, Puerto Rico has chosen increasing percentage of infants who are ever breastfed and infants breastfed exclusively through 6 months as one of their National Performance Measures.

Your Breastfeeding Coalition

The USBC is affiliated with breastfeeding coalitions in all 50 states that carry out activities at state/local levels.

Puerto Rico Breastfeeding Promotion Coalition

We are a group of highly committed individuals representing professional organizations, government agencies, non profit organizations, and individual community members that collaborate and support each other sharing a common goal of promoting successful breastfeeding initiation and prolongation of breastfeeding beyond 6 months of age. Meetings are coordinated by a staff of the MCAH Division of the PR Department of Health.

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